

# Chemical and Biological Assessments of the Essential Oils of *Chrysophyllum albidum* G. Don

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**Abstract:** The chemical compositions of the essential oils obtained from six tree parts of *Chrysophyllum albidum* (Sapotaceae) were extracted by hydrodistillation and analyzed by gas chromatography (GC) and gas chromatography-mass spectrometry (GC-MS). A total of 65, 33, 45, 21, 25 and 18 compounds, representing 79.49%, 100%, 90.81%, 98.43%, 96.62% and 98.37% of the total oil, were identified in the fruit bark, root bark, stem bark, seed bark, leaf and seed, respectively. The dominant compounds in the essential oils in six tree parts were m-xylene (66.7%; seed), p-xylene (21.4%; seed bark),  $\alpha$ -farnesene (38.1%; leaf), hexadecanoic acid (14.7%; stem bark), m-xylene (53.1%; root bark) and hexadecanoic acid (12.7%; fruit bark). The essential oils were evaluated for their antibacterial, antioxidant and insecticidal activities using Alamar blue assay, DPPH radical scavenging activity and contact toxicity test, respectively. The oils displayed moderate antibacterial potentials to some tested organisms and low radical scavenging activity to DPPH. *Rhyzopertha dominica* was susceptible to *C. albidum* stem bark essential oil only.

**Key words:** *Chrysophyllum albidum*, essential oil, gas chromatography, antioxidant activity, insecticidal activity, Alamar blue assay.

## 1. Introduction

Essential oils are volatile, natural complex compounds characterized by a strong odour, and are also promising sources of natural medicinal products because of the bioactive components they possess [1]. Pharmacologically, essential oils have been used as insect repellent, insecticide, antimicrobial, antioxidant, pesticide and deodorants; therefore, the possibility of using essential oils is now being investigated as the basis of the plant-based drugs [2].

African star apple (*Chrysophyllum albidum* G. Don) is a tropical edible fruit tree. It belongs to the family of Sapotaceae which has up to 800 species and makes up almost half of the order [3]. It is primarily a forest tree species, and its natural occurrence has been reported in diverse ecozones in Nigeria, Uganda, Niger Republic, Cameroon and Cote d'Ivoire [4]. The plant often grows to a height of 36 m, though it may

be smaller [5]. The African star apple fruit is a large berry containing 4-5 flattened seeds or sometimes fewer due to seed abortion. The leaves are oval, green above, densely golden pubescent, below from which the genus is named. The plant has in recent times become a crop of commercial value in Nigeria [6].

The fruit is commonly found in the Central, Eastern and Western Africa. It is a popular tropical fruit tree widely distributed in the low land rain forest zones and frequently found in villages [7]. It has common names known as agbalumo (Yoruba), udala (Igbo), agbaluba (Hausa) and eha (Ebira) in the local languages in Nigeria [8]. *C. albidum* fruit is common in both urban and rural centres especially during the months of December to April.

*C. albidum* is widely used as an application to sprains, bruises and wounds in herbal medicine in Southern Nigeria. The seeds and roots extracts of *C. albidum* effectively arrested bleeding from fresh wounds, inhibited microbial growth of known wound contaminants and accelerated wound healing process

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[7]. The people of Southwestern Nigeria have been using *C. albidum* leaves for the management of infections and ailments since prehistoric times [9]. In addition, its seeds are a source of oil, which is used for diverse purposes [10]. *C. albidum* is used in folklore in the treatment of yellow fever, malaria, diarrhea, vaginal and dermatological infections [11]. The bark is used for the treatment of malaria and yellow fever [11], while the leaf is used as an emollient and for the treatment of skin eruption, stomachache and diarrhea [12] which are as a result of infections and inflammatory reactions [12, 13]. The leaf extract of *C. albidum* can help to thin the blood (antiplatelet effect), as well as regulate the sugar level in blood sugar [14]. *C. albidum* is established to have haematinic potentials [15]. The fruits also contain 90% anacardic acid, which is used industrially in protecting wood and as source of resin, while several other components of the tree including the roots and leaves are used as a remedy for yellow fever and malaria [9]. The cotyledons from the seeds of *C. albidum* are used as ointments in the treatment of vaginal and dermatological infections in Western Nigeria. The seeds are also used for local games or discarded [4].

*C. albidum* is good for the treatment of fibroids as reported by Egunyomi and Oladunjoye [16]. When freshly harvested, the fleshy and juicy fruits have potentials as an ingredient of soft drinks and can be fermented for wine or other alcohol production [17].

Earlier report on the essential oil composition of *C. albidum* fruit revealed eight compounds accounting for 90.8% of total components with esters (65.1%) constituting the most abundant class of compounds [18], while the root essential oil had 24 compounds with a phthalate (dibutyl-1,2-benzenedicarboxylate) being the major identified constituent [19].

There is dearth of information about the essential oil composition of the leaf, stem bark, fruit bark, seed, seed bark and root bark of *C. albidum*, therefore this paper aimed primarily to investigate the chemical

composition and biological activities of essential oils of *C. albidum* G. Don.

## 2. Materials and Methods

### 2.1 Plant Samples

Fresh plant parts (leaves, stem bark, root bark, fruit bark, seed and seed bark) of *C. albidum* were collected from a farm settlement located at the outskirts of Ibadan in Egbeda local government and authenticated at Forest Research Institute of Nigeria (FRIN) by Mr. Adeyemo. Voucher specimens were duly deposited in the FRIN herbarium with reference number FHI 110499.

### 2.2 Essential Oil Extraction

Fresh matured leaves, stem bark, root bark, fruit bark, seed and seed bark (500-1,000 g) of *C. albidum* tree were air-dried and subjected to hydrodistillation using an all-glass Clevenger-apparatus designed to the British pharmacopeia specifications (1980) for 4 h using a 5 L quick fit round bottom flask. The oils were dried in desiccators containing anhydrous sodium sulphate ( $\text{Na}_2\text{SO}_4$ ) for 24 h and then stored in airtight containers in a refrigerator at 4 °C. The yields were calculated according to the weight of the plant material before distillation (expressed in percentage w/w of the dry material).

### 2.3 Gas Chromatography (GC)

The oil was analyzed on an Agilent Model 7890A GC equipped with a HP-5MS fused silica capillary column (30 mm × 0.25 mm internal diameter, film thickness 0.25 µm). Analytical conditions were: oven temperature at 60 °C, with 2 min initial hold, and then to 280 °C at 4 °C/min, with final hold time of 10 min; helium was used as carrier gas at a flow rate of 1 mL/min. Retention indices were determined with reference to a homologous series of normal alkanes analyzed under the same conditions. Percentage composition of each constituent was calculated by integration of the GC peak areas.

#### 2.4 Gas Chromatography-Mass Spectrometry (GC-MS)

GC-MS analyses were performed on an Agilent Model 7890A GC interfaced to an Agilent 7000 GC/MS Triple Quad. The temperature program used for the GC was the same as described above. The MS was operated in electron ionization (EI) mode with ionization voltage 70eV and ion source temperature 250 °C.

#### 2.5 Components Identification

The components of the essential oil were identified on the basis of their retention indices. Identification confirmation was by comparison of their mass spectra with published spectra [20, 21] and those of reference compounds from the Library of National Institute of Standard and Technology (NIST) database [22].

#### 2.6 Antibacterial Screening

The essential oil was screened for antimicrobial activities on selected Gram-positive bacteria (*Staphylococcus aureus* and *Bacillus subtilis*) and Gram-negative bacteria (*Escherichia coli*, *Pseudomonas aeruginosa*, *Shigella flexneri* and *Salmonella typhi*) known as causative agents for various infectious diseases. Microplate Alamar blue assay was used to determine minimum inhibitory concentration (MIC). Organisms were grown in Mueller Hinton medium and inoculums were adjusted to 0.5 McFarland turbidity index. Stock solutions of the essential oils were prepared in DMSO (1:1 concentration). Media was dispensed to all wells. Essential oils were added in the wells, and control wells not contain essential oil. The volume of 96-well plate was made up to 200 µL. Finally,  $5 \times 10^6$  cells were added in all wells including both control and test. The plate was sealed with parafilm and incubated for 18-20 h. Alamar blue dye was dispensed in each well and shaken at 80 revolutions per minute in a shaking incubator for 2-3 h. Plates were covered with foil in shaking incubator. Change in color of Alamar blue dye from blue to pink

indicated the growth in bacterial strains. Absorbance was recorded at 570 nm and 600 nm by the ELISA reader (SpectraMax M2, Molecular Devices, California, USA). All work was done in triplicate.

#### 2.7 Antioxidant Activity: DPPH Radical Scavenging Activity

Radical scavenging activity was determined by a spectrophotometric method based on the reduction of a methanol solution of DPPH [23]. DPPH (Wako Chemicals USA, Inc.) solution in methanol was prepared to make 0.3 mM, then 1 mL of essential oil was added to 1 mL of 0.3 mM DPPH solution and shaken vigorously. The reaction was allowed to progress for 30 min at 37 °C in the dark, and absorbance was monitored and recorded as  $A_s$ , using multiplate reader, SpectraMax340, Molecular Devices, CA, USA at 517 nm. Upon reduction, the color of the solution fades (violet to pale yellow). A control experiment was also carried out applying the same procedure to a solution without the test material and the absorbance was recorded as  $A_c$ . The free radical scavenging activity of each solution was then calculated as percent inhibition according to Eq. (1):

$$\text{Radical scavenging activity (\%)} = \frac{A_c - A_s}{A_c} \times 100 \quad (1)$$

where,  $A_c$  = absorbance of the control and  $A_s$  = absorbance of the sample.

#### 2.8 Insecticidal Activity

The insecticidal activity was conducted according to the impregnated filter paper method (contact toxicity) [24].

The stored grain pests *Tribolium castaneum*, *Rhyzopertha dominica* and *Callosobruchus analis* were reared in the laboratory under controlled conditions (temperature and humidity) in plastic bottles containing sterile breeding media, as shown in Table 1. Then, insects of uniform age and size are used for the experiment.

The filter papers were cut according to the size of glass Petri plates (9 cm or 90 mm) and put in the plates. Essential oils were loaded over the filter paper in the plates with the help of micropipette. Ten healthy and active insects of same size and age of each species were put in each plate (test and control) with the help of a clean brush. The plates were incubated at 27 °C for 24 h with 50% relative humidity in growth chamber. The survival of the insects was assessed (count the number of survivals of each species).

The percentage of inhibition or percentage of mortality was calculated using Eq. (2) below:

$$\text{Mortality (\%)} = 1 - \frac{\text{No. of insects alive in test}}{\text{No. of insects alive in control}} \times 100 \quad (2)$$

Positive control contained test insects and standard insecticide (Permethrin) at the concentration which is effective against all test insects. Negative control contained volatile solvent (methanol) and the test insects.

### 3. Results and Discussion

#### 3.1 Physicochemical Properties and Components of the Essential Oils

The physicochemical properties of the essential oils

are shown in Table 2. The colours of the oils ranged from colourless to pale yellow with the yields as follows: leaf (0.89%), seed (0.91%), seed bark (0.13%), stem bark (0.86%), root bark (1.21%) and fruit bark (0.95%). All the fruits have sweet aromatic and fruity smell, which has been reported due to the presence of esters, aldehydes, alcohols, terpenes or their derivatives, but the oils of the root bark and stem barks have irritating woody smell, while the leaves have a strong leafy odour.

The GC-MS analyses of the essential oils of the fruit bark, root bark, stem bark, seed bark, leaf and seed of *C. albidum* afforded the presence of 65, 33, 45, 21, 25 and 18 compounds constituting 79.49%, 100%, 90.81%, 98.43%, 96.62% and 98.37% of the oil compositions in the six different parts, respectively (Table 3). Monoterpenes and sesquiterpenes were present in all the oils. The root bark oil had the highest percentage of monoterpene (8.5%), while the fruit bark oil had the least (1.19%). The leaf oil had the highest percentage of sesquiterpenes (75.67%) and the seed bark oil had the lowest quantity (1.3%). Diterpenes were not present in all the oils, while triterpenes were observed in only the fruit bark and oils, except the seed oil. The root bark, seed bark and seed oils had 66.9%, 94.24% and 91.15% non-terpene

**Table 1** Insects and rearing conditions.

Insects	Rearing temperature (°C)	Relative humidity (%)	Rearing media	Life cycle (days)
Red flour beetle ( <i>Tribolium castaneum</i> )	30	50-70	Wheat flour	22-25
Lesser grain borer ( <i>Rhyzopertha dominica</i> )	30	50-70	Wheat and gram seeds	30
Pulse beetle ( <i>Callosobruchus analis</i> )	25-35	50-70	Mung seeds	25-30

**Table 2** Physicochemical properties of essential oils.

Plant sample	Part used	% extract composition	Colour	Odour
<i>C. albidum</i>	Stem bark	0.86	Colourless	Woody
	Root bark	1.21	Colourless	Woody
	Leaf	0.89	Pale yellow	Leafy
	Seed	0.91	Colourless	Sweet aromatic
	Seed bark	0.13	Colourless	Herbal
	Fruit bark	0.95	Pale yellow	Fruity

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**Table 3** Essential oil components from plant parts of *C. albidum*.

No.	Compound name	RI	Yield of compounds in essential oil (%)					
			Fruit bark	Root bark	Stem bark	Seed bark	Leaf	Seed
1	Methylcyclohexane	781	0.14	-	1.30	-	-	-
2	Toluene	794	1.22	-	3.08	-	-	-
3	3,5-dimethyloctane	887	-	1.36	-	-	-	1.52
4	Ethylbenzene	893	0.09	9.41	0.23	4.40	-	-
5	m-xylene	907	0.37	53.11	0.81	-	-	66.72
6	o-xylene	907	-	-	0.25	-	-	-
7	p-xylene	907	0.16	-	-	21.38	5.15	3.02
8	Nonane	916	0.08	-	-	-	-	-
9	Cumene	928	-	0.83	-	-	-	-
10	(-) $\beta$ -pinene	943	0.07	0.52	-	-	-	-
11	1R- $\alpha$ -pinene	948	0.06	-	-	0.34	-	-
12	S-3-carene	948	-	0.31	-	-	-	-
13	2,3,6,7-tetramethyloctane	958	-	-	-	-	-	0.82
14	4,5-dimethylnonane	986	-	-	-	-	-	1.27
15	$\alpha$ -decene	1,005	-	-	-	-	-	1.09
16	m-ethyltoluene	1,006	0.09	0.45	0.13	-	-	-
17	Decane	1,015	0.08	1.24	-	-	-	1.05
18	D-limonene	1,018	0.03	0.95	-	0.42	-	1.55
19	Trimethylbenzene	1,020	0.09	-	-	-	-	-
20	Hemimelitene	1,021	-	3.44	-	-	-	-
21	$\beta$ -cymene	1,042	-	0.56	-	-	-	-
22	$\alpha$ -terpinolene	1,052	-	0.63	-	-	-	1.77
23	1,8-cineole	1,059	-	0.78	-	-	-	-
24	$\beta$ -linalool	1,082	0.56	0.48	0.77	-	1.33	-
25	Nonanal	1,104	0.15	0.47	0.45	0.61	1.65	-
26	Undecane	1,115	-	-	-	-	0.45	7.16
27	Cyclosativene	1,125	-	-	0.14	-	-	-
28	(-) $\alpha$ -terpineol	1,143	0.11	-	-	-	-	-
29	2,3,5,8-tetramethyldecane	1,156	-	-	-	0.42	-	-
30	Indole	1,174	0.18	-	0.74	-	-	-
31	Cis-carvotanacetol	1,175	-	-	-	1.21	-	-
32	Methylnonanoate	1,183	-	0.45	-	-	-	-
33	Decanal	1,204	0.09	-	0.27	-	-	-
34	Dodecane	1,215	-	-	-	-	-	0.73
35	(-) $\alpha$ -copaene	1,221	0.13	-	0.67	-	0.57	-
36	Cis-geraniol	1,228	0.06	-	-	-	-	-
37	Isoaromadendrene epoxide	1,281	0.17	-	-	-	-	-
38	4,6-dimethyldodecane	1,285	-	0.41	-	-	-	2.87
39	Calarene epoxide	1,293	0.04	-	-	-	-	-
40	Undecanal	1,303	-	-	-	-	3.63	-
41	$\alpha$ -tridecene	1,304	-	-	-	-	-	1.79
42	2,6,11-trimethyldodecane	1,320	-	-	-	-	-	1.01
43	(-) $\alpha$ -cubebene	1,344	-	0.72	-	-	-	-
44	Aromadendrene	1,386	0.49	-	-	-	-	-
45	3-hexenylhexanoate	1,389	-	-	-	-	1.12	-
46	(-) $\beta$ -elemene	1,398	6.74	4.74	12.71	-	7.81	-
47	$\alpha$ -cedrene	1,403	0.83	1.23	-	-	1.58	-

(Table 3 continued)

No.	Compound name	RI	Yield of compounds in essential oil (%)					
			Fruit bark	Root bark	Stem bark	Seed bark	Leaf	Seed
48	(+) $\alpha$ -longipinene	1,403	0.09	-	0.12	-	-	-
49	$\alpha$ -patchoulene	1,405	0.38	-	0.54	-	-	-
50	$\alpha$ -gurjunene	1,419	0.58	-	1.38	-	1.02	-
51	Geranyl acetone	1,420	0.12	-	0.24	-	-	-
52	$\alpha$ -ionone	1,429	-	-	-	-	0.69	-
53	$\beta$ -bergamotene	1,430	0.06	-	-	-	-	-
54	$\alpha$ -bergamotene	1,432	-	2.01	0.19	-	0.92	-
55	$\gamma$ -cadinene	1,435	0.05	-	-	-	-	-
56	Cyclohexylhexanoate	1,445	-	-	-	-	0.68	-
57	$\beta$ -sesquiphellandrene	1,446	0.38	-	0.51	-	-	-
58	$\alpha$ -farnesene	1,458	-	-	-	-	38.11	0.88
59	$\beta$ -selinene	1,469	3.32	1.15	4.15	-	-	-
60	(+) $\delta$ -cadinene	1,470	-	-	0.32	-	-	-
61	$\alpha$ -selinene	1,474	2.11	2.13	3.01	-	5.11	3.02
62	Acoradiene	1,476	-	0.43	0.69	-	-	-
63	$\beta$ -caryophyllene	1,494	1.69	2.93	4.91	0.37	8.54	-
64	$\alpha$ -himachalene	1,497	0.41	-	0.51	-	-	-
65	( $\pm$ ) $\beta$ -bisabolene	1,500	1.45	2.67	1.42	-	-	-
66	$\beta$ -caryophyllene oxide	1,507	1.99	-	0.85	-	2.14	-
67	Cis- $\alpha$ -bisabolene	1,518	-	0.37	-	-	-	-
68	2,6,10-trimethyltetradecane	1,519	-	-	-	0.86	-	-
69	$\alpha$ -curcumene	1,524	2.56	0.75	3.48	-	-	-
70	$\beta$ -himachalene	1,528	-	0.71	0.13	-	0.63	-
71	Palustrol	1,529	0.29	-	-	-	-	-
72	Epiglobulol	1,530	1.24	-	0.87	-	-	-
73	Globulol	1,530	0.52	-	0.36	-	1.31	-
74	(+) $\alpha$ -Ledol	1,530	-	-	-	-	1.56	-
75	Veridiflorol	1,530	-	-	-	0.45	-	-
76	$\alpha$ -bisabolene oxide	1,531	0.23	-	-	-	-	-
77	Isomethyl- $\alpha$ -ionol	1,532	0.12	-	-	-	-	-
78	(-)-Calamenene	1,537	0.48	-	-	-	-	-
79	Limonen-6-ol pivalate	1,560	0.11	-	-	-	-	-
80	Hexahydrofarnesol	1,563	-	-	0.39	-	-	-
81	Trans nerolidol	1,564	0.21	-	-	-	2.35	-
82	Dodecanoic acid	1,570	1.83	-	1.79	-	-	-
83	$\gamma$ -elemene	1,573	-	-	-	0.48	-	-
84	$\alpha$ -caryophyllene	1,579	1.15	0.62	2.13	-	3.11	-
85	Cubenol	1,580	0.78	-	0.76	-	-	-
86	Tau-cadinol	1,582	0.5	-	0.47	-	-	-
87	Dendrolasin	1,607	-	-	-	-	0.91	-
88	$\beta$ -bisabolol	1,619	3.44	2.79	5.52	-	-	-
89	$\alpha$ -bisabolol	1,625	0.54	-	1.32	-	-	-
90	Selin-7(11)-en-4 $\alpha$ -ol	1,647	11.42	0.9	6.32	-	-	-
91	8-heptadecene	1,719	-	-	-	-	2.71	-
92	Hexahydrofarnesylacetone	1,754	0.52	0.45	0.35	0.92	3.54	-
93	Tetradecanoic acid	1,769	4.06	-	2.17	-	-	-
94	Isopropyltetradecanoate	1,814	-	-	-	3.08	-	-

(Table 3 continued)

No.	Compound name	RI	Yield of compounds in essential oil (%)					
			Fruit bark	Root bark	Stem bark	Seed bark	Leaf	Seed
95	5-octadecene	1,818	-	-	-	-	-	0.68
96	Hexadecanol	1,854	1.23	-	1.91	-	-	-
97	Pentadecanoic acid	1,869	1.81	-	1.27	-	-	-
98	Nonadecane	1,910	-	-	-	2.21	-	-
99	Heptadecanol	1,954	0.72	-	-	-	-	-
100	Hexadecanoic acid	1,968	12.73	-	14.09	-	-	-
101	9-hexadecenoic acid	1,976	1.6	-	-	-	-	-
102	Ethylhexadecanoate	1,978	-	-	-	19.94	-	1.42
103	Octadecanol	2,053	-	-	5.91	-	-	-
104	Heneicosane	2,109	-	-	-	3.01	-	-
105	Ethyl-octadecanoate	2,177	-	-	-	0.51	-	-
106	Cis,cis-9,12-octadecadienoic acid	2,183	1.12	-	-	-	-	-
107	Ethyl-9-octadecenoate	2,185	-	-	-	5.21	-	-
108	Ethyl-9,12-octadecadienoate	2,193	-	-	-	16.91	-	-
109	Heptacosane	2,705	-	-	-	10.51	-	-
110	$\alpha$ -Amyrin	2,873	1.05	-	-	-	-	-
111	Squalene	2,914	1.44	-	1.18	-	-	-
112	Lupenyl acetate	2,987	2.94	-	-	-	-	-
113	2,2-methylene bis [6-(1,1-dimethylethyl) 4-ethyl] phenol	2,988	-	-	-	5.19	-	-
114	Heptatriacotanol	3,942	0.19	-	-	-	-	-
No. of compounds			65	33	45	19	23	17
Total yield			79.49	100	90.81	98.43	96.62	98.37
Monoterpenes			1.19	8.50	1.65	1.97	1.33	3.32
Sesquiterpenes			44.56	24.15	53.58	1.3	75.67	3.90
Triterpenes			5.43	-	1.18	-	-	-
Apocarotenes			0.64	0.45	0.74	0.92	4.23	-
Non-terpenes			27.67	66.90	33.66	94.24	15.39	91.15

RI: retention index.

compounds, respectively. All other samples had less than 35% of their components as non-terpenes.

The major compounds in the fruit bark oil were hexadecanoic acid (12.73%), selin-7(11)-en-4 $\alpha$ -ol (11.42%),  $\beta$ -elemene (6.74%) and  $\beta$ -bisabolol (3.44%), while the root bark oil was dominated by m-xylene (53.11%), ethylbenzene (9.41%) and  $\beta$ -elemene (4.74%). Hexadecanoic acid (14.09%),  $\beta$ -elemene (12.71%), selin-7(11)-en-4 $\alpha$ -ol (6.32%) and  $\beta$ -bisabolol (5.52%) were the dominant compounds in the stem bark oil, while the seed bark oil was dominated by p-xylene (21.38%), ethylhexadecanoate (19.94%), ethyl-9,12-octadecadienoate (16.91%) and heptacosane (10.51%). In the leaf oil,  $\alpha$ -farnesene

(38.11%),  $\beta$ -caryophyllene (8.54%),  $\beta$ -elemene (7.81%), p-xylene (5.15%) and  $\alpha$ -selinene (5.11%) were the major constituents, but m-xylene (66.72%) and undecane (7.16%) dominated the seed oil.

Moronkola et al. [19] reported 24 compounds in the root essential oil of *C. albidum* G. Don with monoterpenes (40.5%) and sesquiterpenes (27.9%) as the dominant class of compounds with pinene (34%), caryophyllene (12.8%), isocaryophyllene (8.5%) and 1,8-cineole (6.5%) as the major compounds. However, the report does not agree with the result of this study. Non-terpenes (66.9%) and sesquiterpenes (24.15%) were found to be dominant with m-xylene and  $\beta$ -elemene as the major compounds in the class of

compounds, respectively.  $\beta$ -pinene was present in the oil in low quantity. Earlier report by Moronkola [18] on the essential oil of the fruit presented eight compounds accounting for 90.8% of total components with esters (65.1%) constituting the most abundant class of compounds. A phthalate (dibutyl-1,2-benzenedicarboxylate) was the major compound. The fruit bark analyzed in this study however contained more sesquiterpenes (44.56%). The compositional pattern of the essential oils from the leaf, stem bark, seed, seed bark and fruit bark of *C. albidum* is being reported for the first time to the best of knowledge.

### 3.2 Antibacterial Activity of Essential Oils

The essential oils extracted from six parts of *C. albidum* were also screened against the selected bacteria. The study revealed the non-active nature of the essential oil from the seed against all the test bacteria strains, except *Staphylococcus aureus* with 70.585%. *Escherichia coli* strain was resistant to all the essential oils from the different parts of this fruit tree, but *Shigella flexenari* was susceptible to all the volatile oils, except the seed essential oil. *Pseudomonas aeruginosa* and *Salmonella typhi* strains were resistant to all the oils, except the seed bark (10.191%) and root bark (9.787%) oils, respectively (Table 4).

### 3.3 Insecticidal Property of Essential Oils

All the oils showed no toxicity (0% mortality) against the insects, except for *C. albidum* stem bark with 20% mortality against *Rhyzopertha dominica*.

The insects were observed to be resistant to the oils used for this study based on the impregnated filter paper method, which is a form of contact toxicity. In contact toxicity, stomach poisoning occurs while the insects feed on the whole grains. The weevils have to pick up the lethal dose of treatment from the essential oil to cause toxicity.

Previous studies have shown that the toxicity of essential oils obtained from aromatic plants against storage pests is related to the oil's main components [25]. The insecticidal constituents of many plant extracts and essential oils are mainly monoterpenoids [26-29]. Monoterpenoids are typically volatile and rather lipophilic compounds that can penetrate into insects rapidly and interfere with their physiological functions [30]. Due to their high volatility, they are fumigant and gaseous, and might be of importance for stored-product insects [27]. Various monoterpenes, like 1,8-cineole, linalool,  $\alpha$ -pinene, terpinen-4-ol and  $\alpha$ -terpinene, have been reported to show contact and fumigation toxicity to stored product pests [31, 32]. Therefore, the resistance of the essential oils studied for insecticidal activity may be related to the non-dominance of monoterpenes in the identified components in the oils.

The synergistic action between major and minor components of essential oils could also be responsible for the repellent action of the oils to the insects.

### 3.4 Antioxidant Property of Essential Oils

The six essential oil samples were screened using DPPH. The antioxidant activity of the volatile oils was measured in terms of hydrogen donating or

**Table 4** Percentage inhibition of essential oils from *C. albidum* G. Don plant parts.

Bacteria	Percentage inhibition of oils (%)						
	Ampicillin	Fruit bark	Root bark	Stem bark	Seed bark	Leaf	Seed
<i>Escherichia coli</i>	72.000	-	-	-	-	-	-
<i>Bacillus subtilis</i>	76.000	8.662	28.387	-	15.942	-	-
<i>Shigella flexenari</i>	65.000	21.137	35.594	9.614	6.345	13.806	-
<i>Staphylococcus aureus</i>	79.000	16.409	10.478	-	-	6.803	70.585
<i>Pseudomonas aeruginosa</i>	80.000	-	-	-	10.191	-	-
<i>Salmonella typhi</i>	70.000	-	9.787	-	-	-	-



**Table 5** Percentage of radical scavenging activity of essential oils from *C. albidum* G. Don plant parts.

Plant materials	Radical scavenging activity (%)
Root bark	3.28
Stem bark	3.22
Seed bark	2.69
Fruit bark	24.85
Leaf	6.20
Seed	7.52
Standard	
Gallic acid	93.13
n-acetyl cystein	95.95

radical scavenging ability, using the stable radical DPPH. The percentage of radical scavenging ability of the volatile oils was calculated based on the absorbance measurement as shown in Table 5.

All oils from *C. albidum* had very low radical scavenging ability. The fruit bark oil recorded the highest value at 24.85%, while the root bark, stem bark, seed bark, leaf and seed all had the percentage of radical scavenging ability low 10%. The percentages of radical scavenging ability of all the essential oils were lower than that of the standards used for the study. The percentages of radical scavenging ability of gallic acid and n-acetyl cystein used as standards were 93.13% and 95.95%, respectively.

The observed low radical scavenging ability of the essential oils can be explained by the fact that the oils are not capable of donating hydrogen atom, and by the low solubility provided by the oils in the reaction medium of the assay because this test utilizes methanol or ethanol as solvent as explained by a report by Mata et al. [33]. Viuda-Martos et al. [34] also cited these factors as the main limitation of this assay for measuring antioxidant activity of lipophilic samples, like many essential oils. Despite the essential oils tested in this study not showing significant antioxidant activity, many essential oils have shown antioxidant potential. As an example, there is the research conducted by Guimarães [35], who investigated the antioxidant activity of essential oils of *Lippia sidoides*, *Alomia fastigiata*, *Ocotea odorifera*, *Mikania glauca* and *Cordia verbenacea*, and their major constituents by the methods of the

$\beta$ -carotene/linoleic acid oxidation system, the formation of thiobarbituric acid reactive species (TBARS) and the reduction of the stable DPPH radical. The essential oil of *Lippia sidoides* showed higher antioxidant activity, presenting the lowest IC<sub>50</sub> values in all trials. This activity was attributed to its major constituent carvacrol, which also showed high antioxidant activity when assessed in isolation [36].

The phenolic content in plants has been reported to be responsible for the antioxidant activity of some plants [37]. Phenolic compounds, like thymol and carvacrol, found in some plant essential oils, have been reported to have antioxidant activity [38]. Also essential oils rich in monoterpene hydrocarbons have been reported to have high antioxidant activity [39]. Ruberto and Baratta [40] investigated the antioxidant activity of 98 pure essential oil components, which represent the main classes of typical compounds of essential oils, and found out that sesquiterpene hydrocarbons exerted a low, if any, antioxidant effect.

The analysis of the essential oil components in this study revealed that the oils were mainly dominated by sesquiterpenes and non-terpenes. The poor antioxidant activity of these essential oils, probably, is due to their lack of phenolic compounds and low concentrations of monoterpene hydrocarbons. However, it has been observed that correlation of the antioxidant activities of essential oils and their chemical compositions is often very complicated [41]. Essential oil constituents acting individually or synergistically may contribute to the antioxidant activity of the oil [42].

## 4. Conclusions

Many papers on essential oils have been published, however the data showed much discordance between the same plant essences. The reasons for this variability can be understood, if we take into account all the factors influencing the chemical composition of the oils, namely, climatic, seasonal and geographic conditions, harvest period and extraction or distillation technique, among others. In this study, the dominant compounds in the essential oils in six tree parts of *C. albidum* were m-xylene (66.7%; seed), p-xylene (21.4%; seed bark),  $\alpha$ -farnesene (38.1%; leaf), hexadecanoic acid (14.7%; stem bark), m-xylene (53.1%; root bark) and hexadecanoic acid (12.7%; fruit bark).

The results reported here can be considered as the first information on the chemical composition and the biological activity of the essential oil from the leaves, stem bark, seed, seed bark and fruit bark of Nigerian-grown *C. albidum*. This study has identified the antibacterial, antioxidant and insecticidal properties of the plant with a view to establish the pharmacological uses.

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