

The Effective Ways to Integrate Excellent Traditional Culture Into College English Teaching—Taking Tea Culture as an Example

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Further strengthening the integration of traditional culture and college English teaching has a great impact on the cultivation of students' comprehensive moral literacy and values. At the same time, the ingenious integration of tea culture into college English teaching not only helps to enhance students' cultural self-confidence, but also helps to effectively carry forward the excellent traditional Chinese culture. Therefore, according to the tea culture, this paper describes in detail the practical significance of integrating tea culture into college English education, and then puts forward that tea culture has become an effective way of college English teaching, hoping to bring the students' English learning ability to a certain extent. At the same time, it can further promote and develop China's tea culture.

Keywords: traditional culture, college English teaching, effective way, tea culture

Introduction

In the context of globalization, both at home and abroad, culture, economy, and other aspects of communication and exchange are bearing the heavy task, which means that English teaching in Chinese universities is also facing corresponding pressure. However, according to relevant surveys, there are still many challenges in College English teaching in China, which requires us to gradually integrate English teaching with effective teaching concepts, and effectively infiltrate certain tea culture, so as to achieve a great combination of traditional culture and English teaching. In addition, the concept of tea culture is closely related to the daily life of Chinese people, so the infiltration of tea culture into college English teaching is bound to play a unique role in improving, especially now that more and more colleges and universities have attached importance to the role of tea culture.

Literature Review

Related Literature Abroad

Contemporary college students generally have a low sense of identity with excellent traditional culture. In today's increasingly open society, they are blind to foreign culture and lack dialectical thinking. This paper makes an in-depth study on the path of integrating Chinese traditional culture into ideological and political

education, strengthens the external publicity of excellent traditional culture at the national level, and enhances the external influence. They strengthen the communication ability of excellent traditional culture at the social level and create a strong atmosphere; cultivate students' awareness of traditional culture at school level, strengthen internal driving force, and thus enhance cultural self-confidence and national identity.

Related Literature at Home

As one of Chinese excellent traditional culture of tea culture to a certain extent, that reflects the ideology of the Chinese nation, life style, customs and habits, and emotional expression, so the teacher must pay attention to the correct values hidden in the tea culture, and guide students to active thinking, help students form the cross-cultural philosophical thinking, and set up cultural self-confidence. In addition, I can tell Chinese tea stories and Chinese tea culture well in English to prepare for cultural export.

Limitations of Previous Research

In the process of integrating traditional Chinese culture into College English education, the previous studies only studied traditional culture, but did not get into the inner needs of college students. Previous studies did not focus on the detailed traditional Chinese culture, but only talked about a wide range of traditional Chinese culture in general, and did not adopt the breakthrough point of seeing the big by the small.

Research Method

Research Questions

1. How important is tea culture in Chinese traditional culture?
2. Why should tea culture be integrated into College English teaching?
3. What are the specific ways to integrate traditional culture?

Research Instrument

1. Internet Observation Research.
2. Literature. Literature method mainly refers to the method of collecting, identifying, and sorting out educational literature, and forming a scientific understanding of education through the study of literature.
3. Experimentation. The experimental method is a method in which the researcher creates a certain environment and controls certain conditions to study education according to a certain scenario in order to draw a causal link.

Data Collection and Analysis

From the aspects of establishing and perfecting the English teaching system of tea culture, introducing the development history of tea culture in English teaching, enriching the cultural content in English teaching, and adopting diversified English teaching methods, this paper puts forward the strategies of integrating tea culture into College English teaching.

Results and Discussion

Importance of Tea Culture

Fully understanding the concept of tea culture and characteristics, from the two aspects, to strengthen the comprehensive understanding of tea culture and cognition, and that perception of Chinese traditional culture has a long history, China has 5,000 years of civilization history and is the origin of tea, with tea culture by spreading to various countries in China, the formation of different mode of tea culture, which fully shows that

China's tea culture is inclusive. After understanding of the concept of tea culture in our country and characteristics, we further understand the characteristics of western tea culture and ideas, enhance contrast, also can make students feel the Chinese and western cultural differences, promote students' cross-cultural communication ability and consciousness of cross-cultural communication, promote students in the stage of growth and learning, and improve the knowledge structure, growing into versatile language talents.

The Necessity of Integrating Chinese Excellent Traditional Culture Into College English Teaching

Chinese traditional culture is extensive and profound, with a long history and inheritance for thousands of years. It is an inexhaustible driving force for the Chinese nation and an important embodiment of the soft power of the Chinese nation's culture. General Secretary Xi Jinping said at an international academic seminar to commemorate the birth of Confucius that excellent traditional culture is fundamental to the inheritance and development of a country and a nation. If it is lost, it will cut off the spiritual lifeline. In today's era of economic globalization, the development of science and technology and the convenience of information communication have changed people's way of life. Multiculturalism and values coexist in society. Chinese culture, especially traditional culture, has been greatly impacted, mainly from western culture.

The Effective Way to Infiltrate and Integrate Tea Culture Into College English Teaching

English teaching activities around tea culture. In order to achieve a reasonable integration of tea culture and College English teaching, we can carry out relevant English teaching activities based on tea culture, so as to cultivate students' moral accomplishment and ideological and political ideas to a certain extent. In English teaching, teachers can carry out some theoretical knowledge competitions related to tea culture based on the spirit of tea culture, so as to help students improve their understanding of tea culture and further enhance their learning ability. In addition, in College English teaching, schools can also set up some educational activities mainly based on the spirit of tea culture, to carry out the corresponding spiritual cultivation of students, so as to improve the quality and level of teaching.

Organize students to translate works of art related to tea culture in groups. In College English teaching, we should pay more attention to the cultivation of students' translation ability. In English class, let students translate some art works related to Chinese tea culture, which can not only help students improve their translation ability, master certain language knowledge, but also help them have a deeper understanding of Chinese tea culture.

Conclusion

Under the current cultural background, College English teaching staff need to recognize the necessity of integrating traditional Chinese culture, such as tea culture into English teaching, and give full play to the role of tea culture in improving the level of College English teaching by promoting the integration of tea culture with College English textbooks, College English professional courses, and university campus culture construction.

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