

Value Implication and Realization Path of Integrating Anti-Epidemic Spirit Into Ideological and Political Teaching

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The integration of great anti-epidemic spirit into ideological and political teaching is the requirement of implementing the task of cultivating people's roots by virtue and improving the effectiveness of ideological and political teaching. The ways to integrate the great anti-epidemic spirit into ideological and political courses in colleges and universities are as follows: based on the content of textbooks, find the right combination point, and realize the theme practice teaching mode in various aspects.

Keywords: anti-epidemic spirit, colleges and universities, education courses

The Scientific Connotation of the Anti-Epidemic Spirit

On September 8, 2020, General Secretary Xi Jinping emphasized at the National Commendation Conference for Combating the New Coronary Pneumonia Epidemic: "In this desperate battle against the severe epidemic, the Chinese people and the Chinese Nation have forged the courageous spirit of daring to fight and daring to win. The great anti-epidemic spirit of life is paramount, the whole country is united, sacrifice one's life, respect science, and Share a common destiny". In the great anti-epidemic spirit, "life comes first" embodies the position of the people, "national unity" embodies the strength of unity, "sacrifice one's life" embodies revolutionary heroism, "respect for science" embodies the support of science and technology, and "shared destiny" embodies the responsibility of a major country (Yang & Geng, 2020). The anti-epidemic spirit is a vivid interpretation of the Chinese spirit and a valuable spiritual asset of the Chinese nation (Wu & Ding, 2021).

The Value of Integrating the Great Anti-Epidemic Spirit Into Ideological and Political Teaching in Colleges and Universities

It Is Conducive to the Fundamental Task of Promoting Moral Education

The 18th National Congress of the Communist Party of China (CPC) made it clear that "moral cultivation" was the fundamental task of education, and the 19th National Congress of the Communist Party of China (CPC) further proposed that "the fundamental task of moral cultivation" should be implemented. Adolescent stage is life's "the jointing-booting stage", "filling stage", the period of knowledge structures, shape is not done, the values has not yet been forming, emotional psychology has not yet mature, combined with today's teenagers live under peaceful environment for a long time, not experienced the suffering of national survival, not experienced the test of blood and fire, life experiences are relatively limited. Under the conditions of market

economy and opening to the outside world, the influence of negative factors, such as consumerism, money worship, and utilitarianism should not be underestimated. In particular, we should note that the attempts of various hostile forces to launch a “color revolution” against our country have never ceased. One of their biggest endeavors is to compete for our young people. Such a struggle will be long-term and severe. Without proper guidance and long-term education, teenagers will find it difficult to establish correct ideals and beliefs, and may even go astray. For this, we need to address, in education courses in colleges and universities take the initiative to speak good experience of China’s resistance to disease and stories, so as to reveal the Chinese system, and then firm our roads self-confidence, theory self-confidence, cultural self-confidence, consciously adhere to and improve the system of socialism with Chinese characteristics, firmly not to realize the great rejuvenation of the Chinese nation the Chinese dream and unremitting struggle!

It Is Beneficial to Enhance the Effectiveness of Ideological and Political Teaching

At present, the country attaches great importance to education courses in colleges and universities, the investment is also very big, but ideological education into starting easily, the problems into the brain and the heart difficultly is still exist, how to solve the problem of education courses into the brain in mind, strengthen education courses teaching effectiveness, the need of teaching content and students with the same frequency resonance, can cause student’s emotional resonance, the resistance to disease in the practice of casting the great spirit of resistance to disease, It is not only the inheritance and development of fine traditional Chinese culture, but also the concentrated embodiment of the spirit of contemporary China. It is deeply rooted in the blood of every Chinese and easily arouses the resonance of people’s thoughts (Lin, 2021). And China’s resistance to disease is the disease resistance, 1.4 billion Chinese people are involved, in practice every young students is an epidemic, so when education courses teachers combining curriculum content timely into the spirit of resistance to disease, it is easy to arouse the students’ resistance to disease documentary, motivate them against plague hero worship, the worship is not worship, more cordial and identity. Young students are familiar with what the heroes are doing, and they even think they can do it at the critical moment. This is a true integration of knowledge and action. Teachers take advantage of the situation to guide young students to “consciously integrate the love of national conditions, the ambition of strengthening the country, and serving the country into the struggle of adhering to and developing socialism with Chinese characteristics, building a modern socialist country, and realizing the great rejuvenation of the Chinese nation” (Xi, 2020), and effectively improve the effectiveness of ideological and political courses teaching.

The Realization Path of Integrating Anti-Epidemic Stories Into Ideological and Political Lessons

Based on the Content of the Teaching Material to Find the Correct Joint Point

Ideological and political teaching cannot be divorced from ideological and political teaching materials, and the integration of anti-epidemic spirit into ideological and political teaching should be based on the content of teaching materials, and the combination of the content of teaching materials and anti-epidemic spirit should be found. The integration of anti-epidemic spirit into ideological and political teaching has realized the transformation from textbook system to teaching system, improved the appeal and persuasiveness of ideological and political teaching, and improved the quality of ideological and political teaching. Based on the learning content of the textbook, this paper explores the combination of anti-epidemic spirit and chapter

learning content by taking the course “Ideological morality and rule of Law” of 2021 as an example. The specific implementation plan is as follows:

The second part of the introduction of the new age calls for a new era of national revival highest and new age young people need to set ambitious, Ming greatness, into a big, bear, if is reasonable, it is difficult to move people, more difficult to put into action, in the past also can speak some stories and case studies, hoping to attract students emotional resonance, the students also think that the hero of the story is very great. But they are like the stars in the sky far away, students feel hard to do in addition to worship, hero, and resistance to disease is a lot of young student’s peers, disease resistance hero do young students had just experienced these things will immediately hit their souls and cause their emotional resonance, they would say “I can, I can bear”. The feeling that “you can too”, is more powerful than any words.

In the first chapter, the story of Wang Yong, the wuhan anti-epidemic hero, can be integrated into the story of how an individual achieves a remarkable life by marching with history, walking with the motherland and living with the people. These requirements can easily become empty preaching, but when Wang Yong's story is integrated into the story, it suddenly becomes amiable and credible.

The second chapter injects youth energy into the realization of the Chinese Dream, and incorporates the story of Zhong Nanshan and Li Lanjuan, heroes of COVID-19, so that students can deeply feel what is “the heart of the country” and dare to take responsibility.

China is rich in the spirit of the connotation in the third chapter part can be integrated into the spirit of resistance to disease, because the spirit of resistance to disease very good embodies the great fighting spirit and great spirit of solidarity, it is the national people’s solidarity and unity is strength, our resistance to disease will achieve great success, it is because our fighting spirit, we insist on dynamic reset, the people’s life safety in the first place, not lying flat like the West. The spirit of fighting against the epidemic can also be integrated into the basic connotation of patriotism. It is because of the love for fellow countrymen and women that medical workers across the country went to Wuhan, Hubei to support them when the epidemic came to an emergency.

In the fourth chapter reveals the value of the people’s supreme position this knowledge can be integrated into the spirit of resistance to disease, because the life of the spirit is the highest resistance to disease is that highlights the value of the people’s supreme position, so patients with new crown stipulated in our country, at any cost, to free treatment, when we put the spirit of resistance to disease in this knowledge, students will feel very true very warm, because that’s what’s happening right now, or it could be him.

The fifth chapter of public life and order can be integrated into the anti-epidemic spirit. If the content of this chapter is not well spoken, it is easy to fall into the empty moral preaching, which will become everyone has something to say, and we can discuss how to fight the epidemic from the moral level.

Everyone is equal before the law chapter six this knowledge can be integrated into the spirit of resistance to disease, in the face of epidemic no privilege, everyone is equal before the law, this sentence explain bad to can easily become an empty words, but with resistance to disease, is particularly compelling, in the exercise of rights and obligations in accordance with this knowledge, we can discuss from the aspect of law should be how to fight disease and epidemic prevention.

Realizing the Theme Practice Teaching Mode in Many Aspects

In order to cultivate students’ feelings of family and country, and guide students to pay attention to family, society, and country from themselves, three practical themes are designed as follow:

1. What changes did the epidemic bring to you and your family, and how did you deal with those changes?
2. The survival status of micro-, small- and medium-sized enterprises under the epidemic, and what policies are available to help them?
3. In the face of the epidemic, can China choose to lie down like western countries?

The first homework, people can do, they can interview with their own parents, elder, relatives, and friends as a report has its own point of view, the second is a group assignment, need a set of 10 people, through on-the-spot investigation, online query and so on a variety of ways, to form a valuable research report, the third practice work to a group of 10, collective finishing speech. Recommend a representative to give a speech in the form of a speech contest. Through students' practice homework, such practice subjects well achieve the goal of education, students care about themselves to care about society, and then care about the country and the people of the country breathing and sharing the fate.

Conclusion

In a word, the integration of anti-epidemic spirit into ideological and political teaching is helpful to improve the effectiveness of ideological and political teaching and better complete the fundamental task of cultivating people by virtue. Then, how can the anti-epidemic spirit are integrated into the ideological and political teaching? This paper expounds from two aspects: First, the anti-epidemic spirit is integrated into the theoretical teaching of ideological and political courses, identify the combination of anti-epidemic spirit and theoretical knowledge; and Second, integrating anti-epidemic spirit into practical teaching, designing reasonable practical themes, integrating anti-epidemic spirit into theoretical teaching of ideological and political courses can improve the affinity of ideological and political courses, and integrating anti-epidemic spirit into practical teaching of ideological and political courses can improve students' awareness of participation, and finally achieve the educational goal of internalizing in the heart and externalizing in the line.

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