

# Collecting Landraces of Vegetable Crop Species in the South-West Romania

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Abstract: A collecting mission was carried out in south-west Romania in October 2013 with the aims: (1) to collect autochthonous crop genetic resources which still present in the south-west of Romania; (2) to assess the presence of on farm of plant genetic resources; (3) to determine the species and the amount of genetic diversity still cultivated and (4) to obtain information from germplasm owners to be used to evaluate the feasibility of an on farm conservation program. Out of 24 explored towns, in 8, landraces were grown and in all, instances seeds could be obtained. Fifty-three accessions from different crop species were collected in 17 sites, belonging to 10 botanical families, of which solanaceae was the most represented (32%), followed by fabaceae (17%), cucurbitaceae (11%) and alliaceae and brassicaceae (9%). As expected, vegetable crops were the most collected, reaching a value as 58.5%, spices 20.8%, while pulses 15.1% and cereals 5.7% of the total. This collecting mission showed that in internal areas of Romania, germplasm of old landraces of many vegetable and crop species still survive, and indicated the urgency to continue also in other agricultural districts of Romania.

Key words: Germplasm collecting, landraces, on farm conservation, Romania.

## 1. Introduction

In the last 10,000 years of the agricultural era of human evolution, a diversification of the plants used by humans has taken place. While hunter-gatherers and farmers relied on well-environmentally adapted local plants, simultaneously, a great migration of farming societies took place from centers of domestication to other regions of the world, expanding both the range of plants at their disposal and the adaptation of these crops to the highly diversified growing environments, thus generating the landraces [1-3].

Since the first plant hunting expedition—carried out on the orders of Queen Hatshepsut during the 18th dynasty of ancient Egypt, the acquisition of new plant resources continued actively over the next millennia, so that exploration and introduction were instrumental in establishing a worldwide diverse agriculture, contributing to the development of the pharmaceutical, dye and horticultural industries all over the world [4-6].

On the other hand, since 20th century, an overall dramatic reduction in infra-specific diversity and a concentration of human activities on a more limited number of crop plants were observed and scientists such as Harlan, J. R. et al. [7-12] expressed concern about the disappearance of genetic diversity, particularly landraces and their substitution by a genetically narrow subset of improved cultivars. Since the study of Vavilov, N. I. [13] on the origin and geography of cultivated plants, germplasm collectors roamed the world to collect this endangered germplasm and preserve it. Also, traditional knowledge associated with biodiversity is considered to be a resource to be preserved, being threatened by cultural extinction [14, 15].

Landrace is an important germplasm to move towards sustainable agricultural development also in

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increasing economic development countries of eastern Europe, such as Romania.

In this country, many centuries of agriculture have shaped important traditional agro-ecosystems that constitutes significant in situ repositories of crop genetic diversity. A core subset of agricultural ecosystems is represented by landraces providing the rural communities with food and some income [16]. A recent study shows that Romania represents an important reservoir or genetic pool of landraces in the main crops, particularly in Phaseolus vulgaris L., and either farms or home gardens contribute to the country's agro-biodiversity conservation [16]. In Romania, many farmers are involved de facto in on farm conservation of local populations of cereals, grain legumes, vegetables, industrial and technical crops, spices and medicinal plants [17]. Romania still has a rich genetic diversity of cultivated plants, but it is in danger of extinction if there has no measures towards its conservation. The most important causes are the advanced age of seed producers (71% of them are over 60 years old) and the recession of vegetable cultivated areas [18].

In the past, collecting missions of landraces of different crops have been organized Zea mays L., *Triticum aestivum* L., *Hordeum vulgare* L., *Helianthus annuus* L., *Secale cereale* L., fruit trees, *Vitis vinifera* L. and forest trees [19-33]. An early summary is provided by Cristea, M. [34].

Romania has a surface of 238.39 km<sup>2</sup>, out of which, from the administrative point of view, 214.55 km<sup>2</sup> or almost 90% are represented by rural areas [35]. Agriculture has encountered a continuous regress after 1990. The main asset of the country is the agricultural land which was badly managed within last decades. It accounts 61.8% of country surface, 14.7 million hectares of which the farming land represents 9.4 million hectares (64.05%), 6.74 million hectares of woods (26.07%), 0.84 million hectares of paddles and lakes (3.53%) and 1.51 million hectares of other surfaces (6.35%), respectively [36]. The agricultural land has a surface of 14,836,585 ha and its structure consists of arable land 62%, pastures 24%, hayfields 10%, vineyards 2% and orchards 2% [35]. The most extended arable areas are located in the southern and western plains of the country, while the highlands are dominated by pastures and natural hayfields. Vineyards and orchards are mostly located in the hilly areas of the sub-Carpathians and the Transylvania depression [37].

Romania's climate is not uniform but there are outstanding issues from one region to another. The largest quantities of precipitation fall in mountain areas (1,200-1,400 mm), as the altitude decreases, the amount of precipitation reduced to 700 mm isohyets surrounding high mountains and hills in their vicinity [38].

In Romania, the soil is classified according to "Romanian System of Soil Taxonomy". As stated by this classification, above 25% is represented to "Chernozems" and "Phaeozems" [38]. Chernozem occupies the southern sector of the plain and the interfluvial mountainous agglomerates are characterized by good fertility (fertile to middle fertile), generally negligible surface erosion, locally affected by landslides, medium porous and with heavy texture [39].

In the light of the topics above discussed, it can be stated that: (1) Romania, the south-western part in particular, is an important centre for plant crop genetic resources; (2) the process of genetic erosion also affect this germplasm and (3) garden crops have a good chance for on farm conservation, and it is still possible to find a good amount of biological diversity.

As Szabó, A. T. [40] pointed out: "... the "multicultural" Romania is a "small scale Europe" in itself. "The central part of Romania" was, and still is a "cultural ecotone" between eastern and western Christianity. It is a kind of experimental field for the short term and long-term effects of the European des/integration on the traditional knowledge and associated cultivated plants.".

# 2. Objective of the Study

A collecting mission was carried out in south-west Romania in October 2013 within the framework of a European cooperation project "Biodiversity of Species with High Nutraceutical and Agro-energetic Value (AGRO.BIO.)", financed by Basilicata region, OP FEASR 2007-2013, to CNR—Institute of Bioscience and Bio-resources (IBBR-CNR) in collaboration with University "Aurel Vlaicu" of Arad, Faculty of Food Engineering, Tourism and Environmental Protection of Romania.

The aims of the mission were (1) to collect autochthonous crop genetic resources which still present in the south-west of Romania; (2) to assess the presence of on farm of plant genetic resources; (3) to determine the species and the amount of genetic diversity still cultivated; (4) to obtain information from germplasm owners to be used to evaluate the feasibility of on farm conservation program and (5) to exchange technical knowledge and adoption of common protocols related to germplasm management at risk of extinction between IBBR-CNR and University "Aurel Vlaicu" of Arad-Romania.

# 3. Methods

The collecting mission took place from 13th to 19th October 2013. At each selected site (Fig. 1), where farmers donated a seed sample, passport data were recorded (altitude, longitude, latitude, local name of the site, soil texture and purpose of cultivation). Farmers were interviewed to obtain information about their life (age, family structure and work), about their farm (crops grown and management, etc.), about the landraces (local name, adaptive, agronomic and qualitative traits, etc.) and information related to the use, traditions and social context of the species and on the purpose of the conservation. GPS coordinates were acquired by means of a Garmin GPS map 60CSx.



Fig. 1 Roadway of the explored towns during the collecting mission, the names of the explored towns are reported in the below Table 1.

Species identification, the nomenclature and all the scientific names of the collected plants were updated and confirmed through tropicos database [41].

Back at base, each collected accession was subjected to standard conservation procedures: seeds were cleaned and vacuum sealed in packets and stored in a cold room at +4 °C [42].

# 4. Results

Out of 24 explored towns, only in 8, landraces were grown and in all, instances seeds could be obtained (Table 1).

Fifty-three accessions from different crop species

were collected in 17 sites, belonging to 10 botanical families, of which, solanaceae was the most represented (32%), followed by fabaceae (17%), cucurbitaceae (11%) and alliaceae and brassicaceae (9%), others are shown in Fig. 2.

In Peciu Nou, the largest number of accessions was collected. In three explored sites, 17 accessions belonging to nine species were found. In Foeni, despite seven sites were visited, only 15 accessions were collected, but belonging to 10 species. In the other visited towns, sites ranged between one and two, with 1 accessions to 7 accessions and 1 species to 5 species (Table 1).

Table 1 Explored districts of south-west Romania and number of collected accessions and species.

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Town	Number of explored sites	Number of accessions	Number of species
Peciu Nou	3	17	9
Foeni	7	15	10
Arad	1	4	4
Lugoj	1	7	5
Bran	1	2	2
Danubio river	2	5	4
Divici	1	2	2
Timisoara	1	1	1

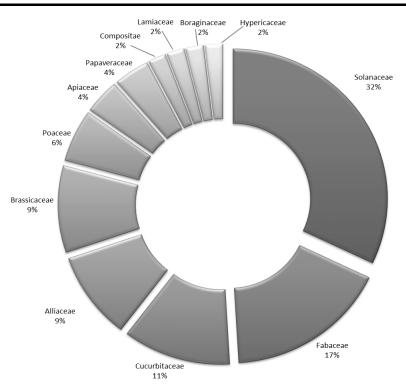


Fig. 2 Botanical families to which belong the 53 accessions of species collected on farm in the south-west Romania.

Common name	Crop	Classes	Accessions (n)
Tomato	Solanum lycopersicum L.	vc	14
Common bean	Phaseolus vulgaris L.	р	6
Onion	Allium cepa L.	vc	4
Pepper	Capsicum annuum L.	vc	3
Horseradish	Armoracia rusticana G. Gaertn., B. Mey. and Scherb.	S	3
Cucumber	Cucumis sativus L.	vc	2
Parsley	Petroselinum crispum (Mill.) Fuss. var. tuberosum (Bernh.) Mart. Crov.	S	2
Zucchini	Cucurbita pepo L.	vc	2
Opium poppy	Papaver somniferum L.	S	2
Garlic	Allium sativum L.	vc	1
Yard-long bean	Vigna unguiculata subsp. sesquipedalis (L.) Verdc.	р	1
Pumpkins	Cucurbita spp.	vc	1
Lettuce	Lactuca sativa L.	vc	1
Basil	Ocimum basilicum L.	S	1
Pumpkin	Cucurbita moschata Duch.	vc	1
Pea	Pisum sativum L.	р	1
Sweet trefoil	Trigonella caerulea L.	S	1
Wheat	Triticum aestivum L.	c	1
Barley	Hordeum vulgare L.	c	1
Cabbage	Brassica oleracea L. var. capitata L.	vc	1
Maize	Zea mays L.	c	1
Comfrey	Symphytum × uplandicum Nyman	S	1
Radish	Raphanus sativus L.	vc	1
St. John's wort	Hypericum perforatum L.	S	1
Total classes	vc (vegetable crops)		31 (58.5%)
	s (spices)		11 (20.8 %)
	p (pulses)		8 (15%)
	c (cereals)		3 (5.7%)
Total			53

 Table 2
 Number of the collected accessions (grouped in classes) found in the territory of 8 districts in inland areas of south-west Romania.

All the collected accessions were grouped in classes (Table 2): vegetable crops (vc), pulses (p), cereals (c) and spices (s).

Vegetable crops (vc): garlic, pepper, tomato, cucumber, lettuce, onion, pumpkin, zucchini, cabbage and radish. Pulses (p): cowpea, common bean and peas. Cereals (c): wheat, barley and maize. Spices (s): horseradish, basil, parsley, opium poppy, blue fenugreek, comfrey and St. John's wort.

As expected, vc were the most collected, reaching a value of 58.5%, s was 20.8% while p was 15.1% and c was 5.7% of the total.

Of all the collected accessions, tomato was the most frequent (26.4%), followed by common bean 11.3% and onion (7.5%).

Tomato (Solanum lycopersicum L.) was the most collected and had many different forms, characterised by different fruit shape, size and colour. Large size fruits are used for fresh consumption, especially as salad. It is the basis of many soups, and often, the tomato soup ("Ciorba de rosii") can have a variety of different starches added to it. Among tomatoes, the landrace "Inimă de Bou" is remarkable, a traditional variety the technique of cultivation of which was inherited from the great-grandparents.

Almost all collected pulses are represented by common bean accessions (75%), the remaining part are yard-long bean and pea. Common bean seeds show great variation in colours (white, black and brown) and colour pattern and are grown mostly for dry bean production, but some types are used for green pod consumption. Accessions varied also in growth habit type: most of them are bush type others climbing on maize plants. Yard-long bean was found only in Peciu nou and farmers refer that the crop prefers sandy soils and seeds are sowed in mixtures (yellow and brown colours).

The third most collected species was onion (Allium cepa L.) called "Ceapă" in the local language. It differs in many forms (semi-round to round), sizes (small to large) and colours (yellow to red). In Romania, there is a culture of onion production that dates back in time-valuable culinary vegetables and also has medicinal value, has been used for their medicinal properties for centuries. From Egypt (1600 BC), Allium cepa was introduced into the Mediterranean area and from there to all the Roman empire [43]. The most adopted form of cultivation is to transplant seedlings obtained by sowing their own seeds, passed down every year. The role in local cuisine and social life is very important: it is used in particular as salad and in countless dishes. However, today the traditional onion faces extinction due to the introduction of modern F1 hybrid seeds. Other causes of its extinction are: the agening of farmes-producers with no one to inherit their traditions, and a difficult business market affected by low import prices and problems in finding new commercial ways for this treasured vegetable.

Sweet peppers (*Capsicum annuum* L.) "*Ardei*" in local name represented 66.7% of the total capsicum collected and had a widespread diffusion. The only accession of hot pepper (*Capsicum* spp.) was collected in Peciu nou. Fresh sweet fruits are used for traditional dishes called "*Ardei umpluți*": stuffed with minced meat (usually pork), rice, onion and other vegetables and spices. The stuffed peppers are then baked in a rich, tomato based sauce. Fresh fruits are pickled in vinegar and oil and stored to be eaten throughout the year.

Among spices, the most collected was horseradish

(Armoracia rusticana G. Gaertn., B. Mey. & Scherb.). In the local cuisine, grated root of the horseradish plant ("hrean") are mixed with vinegar and used as condiment of grilled meats and other traditional dishes. In Transylvania, red beet with horseradish is used as a salad served with lamb dishes at Easter called "sfecla cu hrean". The best remedy for backache are cataplasms of horseradish and it is one of the best Romanian folk cures for rheumatism (in 3-week treatment, the roots grated should be placed in a glass of warm milk to be drunk in the morning on an empty stomach), the slow digestion (a few teaspoons of grated horseradish during the meal), cold (horseradish is rich in vitamins, minerals, natural antibiotic substances, clear the nasal passages) and periodontitis (horseradish chewed long, flaky skin on the face tablets with horseradish syrup).

Although only one accession was collected, cabbage (*Brassica oleracea* L. var. *capitata* L.) in Romania is widespread and used in a many stuffed dishes, sour soup and stews servings. "*Sarmale*" are Romanian stuffed cabbage rolls traditionally served on Christmas and New Year's Eve, but also served throughout the year at weddings, baptism parties and other large celebrations. However, unfortunately, new cultivars are replacing the old landraces.

Also cucurbits (*Cucurbita maxima* Duch. ex Lam., *Cucurbita moschata* Duch. ex Lam. and *Cucurbita pepo* L.) were widespread and four accessions were collected in Peciu Nou and Foeni. Great variation of fruit shape has been observed. Today, cucurbits are not very important crops and the most common types grown are that with large fruits—used as vegetables and as fodder for animals and others with smaller fruits (*"zucchini"*), used as vegetables.

Many different types of edible roots were available in almost every local market or grocery store. Most people have a general idea of what an edible root is, distinguished between true roots such as tuberous roots and taproots from non-roots such as tubers, rhizomes, corms and bulbs, and most have had at least a sampling of many types. The varieties found included horseradish (*Armoracia rusticana* G. Gaertn., B. Mey. & Scherb.), parsley (*Petroselinum crispum* (Mill.) Fuss var. *tuberosum* (Bernh.) Mart. Crov.), radish (*Raphanus sativus* L.) and turnip (*Brassica rapa* L. em. Metzg.). Many were eaten right fresh from the ground while others taste best after they have been roasted or stewed.

Of particularly notes is the founding of opium poppy seeds (*Papaver somniferum* L.) with culinary uses: as whole seeds or as a paste of ground seeds. The seeds are used as a spice, a condiment, a decorative garnish, a thickener and a main ingredient. They are used in many baked goods, main course dishes and desserts.

In local markets, dried aerial parts of sweet trefoil (*Trigonella caerulea* L.) were found and sellers referred that this species is used as an aromatic for herbal tea and/or herbal infusion.

Farmers used to collect from ground cover or shady edge habitats plants of comfrey (*Symphytum uplandicum* Nyman) as a fodder plant and for edible uses.

*Hypericum perforatum* L. (St. John's wort) was referred as topical analgesic with therapeutic benefits for use in humans, equine, bovine, canine, feline, porcine or other animals (e.g. birds). Other referred uses are: for treatment, healing or relieving symptoms resulting from injured ligaments, tendons, muscles, bones, nerves, or for epidermal or dermal treatment or relief of conditions or symptoms caused by arthritis, neuralgia and pain.

## 5. Discussion and Conclusions

Genetic erosion was observed for grain field crops in the area. In fact, only one accession of wheat and one of barley were collected, while in the past (2000-2008), although in other Romanian regions, many landraces could still be found [16]. *Triticum monococcum* L., still cultivated few decades ago in Romania [44], could not be collected. But the search for this and other relict crops in Romania [45] will continue. In almost all selected towns, the species found during this collecting expedition were the same that had been reported from many collectors over many years. But, for many species, the number of accessions collected in this expedition was by far much lower. The timing of this expedition (autumn) and the careful identification of sites to explore within the territory of each town increased the collecting efficacy.

In the explored area, landrace preservation is associated to their cultural value, the geographical isolation of sites, the aesthetical and organoleptic preferences of the "farmers-maintainers". Important perspective for on farm conservation of landraces could be the promotion of their use in obtaining typical products or the attribution of European community marks [46, 47].

Finally, this collecting mission showed that in internal areas of Romania, germplasm of old landraces of many vegetable and crop species still survive. This preliminary mission indicated that it is urgent to continue the collecting in other agricultural districts of Romania.

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